

# Master Ray Gayle VII Degree

Professional Unification of Martial Arts (P.U.M.A.)

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Dear Instructor,

## **P.U.M.A. BRITISH CHAMPIONSHIP 2012**

Please find enclosed the details for the P.U.M.A. British Championships to be held on Sunday 25<sup>th</sup> November 2012 at The Swindon Oasis Leisure Centre, Swindon, Wiltshire, SN2 1EP.

The schedule will be as follows: (Times are **approximate**)

|          |  |
|----------|--|
| 09.30 am | Doors open   |
| 10.00 am | Junior weigh-in  |
| 10:00 am | Musical patterns   |
| 10:30 am | Bo Staff Patterns  |
| 11:00 am | Junior patterns  |
| 11.30 am | Junior High Kick followed by sparring (including Black Belt Juniors) |
| 12:00 am | Adult Coloured Belt weigh-in followed by patterns and sparring       |

**All officials please report to the top table at 9:00 am. Names of all officials & helpers must be sent in via your instructor.**

### **Competition Entry Fee**

|                  |  |
|------------------|--|
| Adult/Junior:    | One event £15, each event thereafter £5. |
| Little P.U.M.A.: | £15.00 per competitor for all events.    |
| Spectators:      | £5.00 spectators                         |

### **Closing Date for Entries**

**All students should enter via the online entry system, this can be found on the 'Home Page' of the PUMA website. Click on the link to go to the 'Competition Entry' system. Entries must be received no later than Friday 18<sup>th</sup> November 2012.**

### **Sparring**

#### **P.U.M.A. approved sparring equipment must be worn fo all sparring categories**

Purple, orange & yellow stripe juniors, who are age 10 and under, can compete in 'Bully Bob' sparring. The following equipment is compulsory; Head guard, hand guards, foot guards & elbow guards.

Point stop for grades up to and including 5th kup (Blue Stripe).  
Continuous sparring for 4th kup (Blue Belt) and above.

### **Sparring Divisions**

#### **Male Coloured Belt Divisions**

|   |                                      |
|---|--------------------------------------|
| Yellow and Green Belts - Blue and Red Belts |                                      |
| Lightweight                                 | up to and including 64kgs            |
| Welterweight                                | over 64kgs up to and including 72kgs |
| Middleweight                                | over 72kgs up to and including 80kgs |
| Heavyweight                                 | over 80kgs                           |

#### **Male Black Belt Divisions**

|              |                          |
|--------------|--------------------------|
| Flyweight    | up to & inc. 58kg        |
| Lightweight  | over 58kg to & inc. 64kg |
| Welterweight | over 64kg to & inc. 70kg |
| Middleweight | over 70kg to & inc. 76kg |
| Lighthavy    | over 76kg to & inc. 80kg |
| Heavyweight  | over 80kg                |

### **All Female Divisions**

Yellow and Green Belts - Blue and Red Belts – Black Belts

|              |                                 |
|--------------|---------------------------------|
| Flyweight    | up to & inc. 57kgs              |
| Lightweight  | over 57kgs up to and inc. 63kgs |
| Middleweight | Over 63kgs up to and inc. 70kgs |
| Heavyweight  | Over 70kgs                      |

### **Junior Divisions**

Yellow and Green Belts - Blue and Red Belts – Black Belts

|              |                                   |
|--------------|-----------------------------------|
| Pee Wee      | up to and including 4' 6"         |
| Lightweight  | over 4' 6" up to and including 5' |
| Middleweight | over 5' up to and including 5' 6" |
| Heavyweight  | over 5' 6"                        |

### **Destruction**

#### **Male Divisions – Board**

|             |                |  |
|-------------|----------------|--|
| Blue Belts  | Hand Technique | Knife hand strike                        |
|             | Foot Technique | Standing side kick                       |
| Red Belts   | Hand Technique | Knife hand strike                        |
|             | Foot Technique | Any standing kick                        |
| Black Belts | Hand Technique | Any hand excluding elbow                 |
|             | Foot Technique | Jumping side kick from standing position |

#### **Female Divisions – Board**

|                    |                |                                    |
|--------------------|----------------|------------------------------------|
| Blue and Red Belts | Hand Technique | Any hand technique including elbow |
|                    | Foot Technique | Any standing kick                  |
| Black Belts        | Hand Technique | Any hand technique including elbow |
|                    | Foot Technique | Any jumping or flying kick         |

**Please note:** Students are allowed to compete in more than one destruction event. An additional fee is required for each separate destruction category.

### **Bo/Jang Bong**

Two competitors will compete at the same time; the successful competitor will progress through to the next round.

#### **Junior Division**

Black Belt Boys and Girls, any choice of Bo forms 1, 2 or 3.

#### **Adult Division**

Same as Juniors.

### **Junior High Kick**

|                  |  |
|------------------|--|
| Little P.U.M.A.s | in their own division; height decided on the day |
| Pee Wee          | up to and including 4' 6"                        |
| Lightweight      | over 4' 6" up to and including 5'                |
| Middleweight     | over 5' up to and including 5' 6"                |
| Heavyweight      | over 5' 6"                                       |

### **Patterns Divisions**

|   |  |
|---|--|
| Little P.U.M.A.s                        | Perform the Little P.U.M.A. competition pattern. |
| PUMA 1, 2, 9 <sup>th</sup> kup          | Sajo Makgi/Jirugi or Chon Ji                     |
| 8 <sup>th</sup> and 7 <sup>th</sup> kup | Chon Ji or Dan Gun                               |
| 6 <sup>th</sup> and 5 <sup>th</sup> kup | Do San or Won Hyo                                |
| 4 <sup>th</sup> and 3 <sup>rd</sup> kup | Yul Gok or Joong Gun                             |
| 2 <sup>nd</sup> and 1 <sup>st</sup> kup | Toi Gye or Hwa Rang                              |
| 1 <sup>st</sup> Dan and above           | Must perform a pattern of their grade            |

**Please note:** In the final of the Black Belt patterns there will be one optional pattern and one designated pattern.

**Master R Gayle**  
**Chairman**  
**P.U.M.A.**